Dear Parents/Caregivers

Last week, our P & C held their February General Meeting. Our Annual General Meeting will now be held in March. Thank you to those who were on the executive in 2016; they have agreed to carry on for the next month. At the meeting a number of important decisions were made:

♦ Warwick SHS has agreed to support our move to the new Tuckshop Healthy Meals Menu. Over many years, our school has required a huge commitment from unpaid Tuckshop Convenors. These volunteers have ensured the students at our school have access to a tuckshop and items that often have only been available at larger sites. With the introduction of a new version of the Healthy Tuckshop Menu, it is increasingly difficult to source appropriate foods and minimise wastage; the emphasis is on fresh. As a result, we are very lucky to be part of a trial whereby the Warwick High Tuckshop will offer our students one meal deal each week. Orders will need to be in by Thursday for a Friday delivery. P&C volunteers will take orders to the High School and pick up the lunches for your children. Please assist us in the first couple of weeks as we adjust to this new but exciting change.

♦ Year 6 shirt designs. It was agreed to keep the similar design from 2015 and 2016 to minimise costs.

♦ Pavers Nearly 40 pavers have arrived in readiness for being laid beside the path into the school and over to the technology lab. Supporters are being asked to assist in readying the area. Pavers will be laid according to a raffle numbering system with the earliest numbers being placed closest to the front gate.

Interschool sport starts this Friday. We will host St Mary’s in cricket, softball and t ball. This sporting program is open to students in Years 4 -7; shirts are provided on the day (a member of staff has volunteered to wash and return them). To be eligible, students need to attend two lunchtime training sessions each week. They may not make the team each session however they are gaining excellent sporting and team skills.

Our Whole of School Assembly on Fridays has developed enormously over the last few years. The students have been showing greater levels of confidence and organisation as they respectfully wait for awards to be handed out and notices given. School Captains and Vice Captains have settled into their leadership roles and the overall feedback has been very positive. Well done everyone!

As noted previously, at our school we have a number of students with serious nut allergies. Please consider this when packing school lunches and help us by reminding your children to eat only their own food and to wash their hands after consuming any nut products. An article regarding this important issue is included in today’s newsletter.

Have a healthy week.

Paul

2017 Dates for your Diary

<table>
<thead>
<tr>
<th>This week</th>
<th>Parent Information sessions</th>
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<tbody>
<tr>
<td>Tuesdays</td>
<td>P - 3 Hockey 8.00 - 9.00 am</td>
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<tr>
<td>17/02/17</td>
<td>Interschool Sport begins</td>
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<td>24/02/17</td>
<td>Tuckshop</td>
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<td>08/03/17</td>
<td>Rescheduled P &amp; C AGM</td>
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<td>10/03/17</td>
<td>Leaders Presentation Ceremony 9.00 am</td>
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<tr>
<td>24/03/17</td>
<td>Warwick Show Holiday</td>
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<td>28/03 to 31/03</td>
<td>Life Be In It</td>
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Awards &

Keys for Success

Prep  Parker & Ellie  (Organisation)
1  Matthew  (Organisation)
2  Willis  (Getting Along)
3  Andrew  (Confidence)
4  Ella  (Organisation)
5  Drew  (Organisation)
6  Andrew  (Organisation)

Academic  Prep  Jackson (Excellent writing) & Charlotte (Excellent counting)
1  Molly (Sequencing numbers in order)
2  Tahleah (Working well in Reading groups)
3  Tilly (Making and naming groups in Science)
4  Brooke (Persevering with book-work!!)
5  Keith (Academic Success in Maths)
6  Ianna-Maree (Participating well in class discussions)
LOTE
Angela for your wonderful start in Japanese, & Jessica Keleher who is always trying her best in Japanese. Well done!

Music Awards
Prep  Braxton & Hallie  1  Jay
2  Allira  3  Tilly
4  Jack  5  Codey
6  Jaslyn

Current Sports EOI & Nominations
Please contact the office for further details & forms
SOUTHERN DOWNS 10 - 12 Years BASKETBALL TRIALS - Boys and Girls
Thursday February 23rd 2017 – WARWICK

Date and Time: Thursday, 23rd 9:30am
Venue: Wade Hall Scots PGC
Cost: $5.00 (Pay GHSS)
Nominations need to be received by February 21st so that your name can be registered.

Darling Downs Trials will be held on March 13th.
See the office for further details

TUCKSHOP NEWS
Next week we will begin trialling Tuckshop from Warwick High School starting on Friday 24th February.
At this stage, Tuckshop will be on Fridays only.
To start, the High School will be offering only 1 “Meal Deal” each week but this may increase pending parent support.
Next weeks Meal Deal will be a Flame Grilled Chicken Burger with lettuce/ mayo & Juice box - Only $5.00
Orders need to be in the day before - Thursday, February 23rd by 10.00 am.
NO late orders can be taken
Ordering is easy!!
Just write your child’s name & Year level on an envelope, include correct change and “post” in the P&C side of the BLUE BOX
Correct money is a must as there will be no change given.
Orders will be delivered to our Tuckshop ready for collection at first break (only)
There will be a new meal deal offered each week so keep your eyes on the newsletter to see what will be available for the following Friday.
With all this hot weather our zucchinis are growing like crazy. Today, Year 5 students Jessie, Codey, Laquintah, and Jayden picked zucchinis and made delicious zucchini muffins.

ANAPHYLAXIS – FOOD ALLERGIES
Research indicates that 1 in 10 babies born in Australia today will develop a food allergy.
Anaphylaxis is the most severe form of allergic reaction and is potentially life threatening. It must be treated as a medical emergency, requiring immediate treatment and urgent medical attention.
Anaphylaxis is a generalised allergic reaction, which often involves more than one body system (e.g. skin, respiratory, gastro-intestinal and cardiovascular).
Parents have advised us of children at our school who suffer from allergic reactions to different foods. In some cases, the level of reaction has been classified as anaphylaxis.
We've also been advised of cases, in other schools, where parents discover that their child suffers from a food allergy from an incident at school. The biggest contributor to these incidents is food sharing.
As a school, we've sought advice on the most effective way to keep children, (including those who don't yet know they have an allergy), safe at school. The message has been clear, simple and consistent from different sources.

1. Don't Share Food Sharing food can expose known and unknown food allergy sufferers to foods they might have a reaction to. Food that their parents have assumed they did not touch – let alone eat. Children, fearing they might "get into trouble", are sometimes reluctant to inform teachers, parents and/or medical help that they have shared food with the reactor after the reaction takes place.

2. Wash Hands After Eating Minute particles of food can remain on hands after eating time. Physical contact with a food allergy sufferer is enough to cause a reaction. Washing hands will significantly reduce this risk.

Can't you just ban all foods that cause a reaction?
No, we can't. It simply isn't practical. Eggs are nuts are but two examples of the many foods that can cause allergic reactions.

"Allergy & Anaphylaxis Australia" encourage people with young children to minimise the allergen as part of an overall management plan. However they also advise us to:

"Beware of 'banning' of food from a school environment. Implementing this may not be realistic. Can we say peanut is 'banned' if so much food 'May contain traces of peanut'? Some schools state they have 'banned' egg. Is this real or is it creating a false sense of security? Can we ever really completely remove nuts or egg or wheat from a school or childcare environment? There is no such thing as 'allergen free'.
How often do places that have a ban find the allergen has inadvertently 'slipped' in?
We certainly promote minimisation of allergens in primary schools and childcare facilities but we must not assume that a food has ever really been eradicated."

Thus, the advice is not to share food and to wash hands after eating. Please help us by taking the time to discuss and explain these rules with your children.